

## Morels Heating Instructions:



### **PDBELASALUX– Luxury Beef Lasagne (Serves 8 portions).**

Net Weight – 360g Portion / 2565g Tray



#### **Oven Instructions – Tray. (not suitable for microwaving)**

1. For best results, prior to re-heating defrost product and keep chilled at 1-5°C.
2. Pre heat convection oven to 170°C.
3. Remove the lid from the lasagne keeping it in the foil and place in a preheated oven for 25 minutes.
4. Ensure that product reaches a core temperature of 72°C.
5. Serve immediately after reheating.

#### **Oven Instructions – Portion.**

1. For best results, prior to re-heating defrost product and keep chilled at 1-5°C.
2. Pre heat convection oven to 170°C & remove top film from lasagne.
3. Heat in oven for 15 mins.
4. Ensure that product reaches a core temperature of 72°C.
5. Serve immediately after reheating.

#### **Microwave Instructions – Portion.**

1. For best results, prior to re-heating defrost product and keep chilled at 1-5°C.
2. Pierce top film on the lasagne.
3. Heat in an 800w microwave for 3 mins & a 1725 watt microwave for 1 ½ mins
4. Ensure that product reaches a core temperature of 72°C.
5. Remove film & finish under the grill or in the oven until coloured to your desire.
6. Serve immediately after reheating.

## PDBELASALUX– Luxury Beef Lasagne

2565g Net Tray / 360g Net Portion

Sauce (63%) [Beef (21%), Tomatoes, Onion, Water, Tomato Paste, Carrot, **Celery**, Red Wine, Fortified **Wheat** Flour [**Wheat** Flour (**Gluten**), Calcium Carbonate, Iron, Niacin (B3), Thiamine (B1)], Modified Maize Starch, Beef Stock [Beef Stock, Water, Yeast Extract, Salt, Sugar, Lemon Juice, Beef Fat], Worcestershire Sauce [Water, Spirit Vinegar, Cane Molasses, Tamarind Paste, Salt, Onion Powder, Cayenne Powder, Garlic Powder, Clove Oil], Beef Stock [Beef Stock, Water, Yeast Extract, Salt, Sugar, Lemon Juice Concentrate, Sunflower Oil, Beef Fat], Salt, Sugar, Garlic Puree, Parsley, Basil, Oregano, White Pepper], Cheese Sauce (27%) [Whipping Cream (**Milk**), Water, Mature Cheddar Cheese (**Milk**), Pasteurised Whole **Egg**, Butter (contains Salt) (**Milk**), Modified Maize Starch, Italian Hard Cheese (**Milk**), Lemon Juice, Salt, White Pepper], Pasta Sheets [Durum **Wheat** Semolina, Water, Pasteurised Whole **Egg**, Rice Flour], Mature Cheddar Cheese (**Milk**)

**Contains Wheat, Gluten, Egg, Celery and Milk**

**Produced on a manufacturing site that uses: Nuts, Soya, Mustard, Sesame, Sulphites, Molluscs, Crustaceans, and Fish**

<b>Nutrient</b>	<b>Per 100g</b>	<b>Per 360g</b>	<b>Per 2640g Tray</b>	<b>Source of Data</b>
<b>Energy Kcal</b>	<b>171</b>	<b>615.6</b>	<b>4505</b>	<b>Nutricalc</b>
<b>Kj</b>	<b>710</b>	<b>2556</b>	<b>18757</b>	<b>Nutricalc</b>
<b>Protein</b>	<b>7.7</b>	<b>27.72</b>	<b>203.9</b>	<b>Nutricalc</b>
<b>Carbohydrates</b>	<b>9.4</b>	<b>33.84</b>	<b>247.8</b>	<b>Nutricalc</b>
<b>Sugars</b>	<b>2.5</b>	<b>9</b>	<b>64.9</b>	<b>Nutricalc</b>
<b>Starch</b>	<b>6.6</b>	<b>23.76</b>	<b>175</b>	<b>Nutricalc</b>
<b>Fat</b>	<b>11.2</b>	<b>40.32</b>	<b>296.2</b>	<b>Nutricalc</b>
<b>Saturates</b>	<b>6</b>	<b>21.6</b>	<b>159.3</b>	<b>Nutricalc</b>
<b>Fibre</b>	<b>0.9</b>	<b>3.24</b>	<b>24.8</b>	<b>Nutricalc</b>
<b>Sodium</b>	<b>0.3</b>	<b>1.08</b>	<b>8.9</b>	<b>Nutricalc</b>
<b>Salt</b>	<b>0.9</b>	<b>3.24</b>	<b>22.7</b>	<b>Nutricalc</b>